



# CAMPS

## Junior Gymnastics Camps

**Ages 3 to 5**

**3 DAY CAMP TUITION: \$95.00**

Gymnastics, fitness, and fun activities for boys and girls ages 3 to 5. This three day camp will provide opportunities to try many gymnastics skills and strength and fitness games appropriate for age and ability. All camp participants will receive a free TAGS t-shirt.

- Junior Gym Camp #1: June 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> 9:15am - 11:15am
- Junior Gym Camp #2: July 20<sup>th</sup>, 21<sup>st</sup> & 22<sup>nd</sup> 1:45pm - 3:45pm
- Junior Gym Camp #3: August 17<sup>th</sup>, 18<sup>th</sup> & 19<sup>th</sup> 9:15am - 11:15am

## Trampoline & Tumbling Camps

**Ages 5 & over**

**4 DAY CAMP TUITION: \$150.00**

Tramp & Tumbling Camp is a four day camp for boys and girls to improve tumbling skills on floor exercise, trampoline & Tumble-Trak. Back handsprings and more advanced tumbling will be taught based on readiness. All camp participants will receive a free TAGS t-shirt.

- Tramp & Tumbling Camp #1: June 21<sup>st</sup> - 24<sup>th</sup> 1:30pm - 4:00pm
- Tramp & Tumbling Camp #2: July 19<sup>th</sup> - 22<sup>nd</sup> 1:30pm - 4:00pm
- Tramp & Tumbling Camp #3: August 16<sup>th</sup> - 19<sup>th</sup> 1:30pm - 4:00pm

## GOLD Gymnastics Camp

**Half Day: Ages 5 & over 4 DAY CAMP TUITION: \$179.00**

**Full Day: Ages 6 & over 4 DAY CAMP TUITION: \$329.00**

GOLD Gymnastics Camp is a four day gymnastics camp held for boys and girls of all ability levels. Students will spend time on all events strengthening basics and learning new skills. Our goal is to help build confidence while increasing coordination, strength and flexibility in a fun, positive atmosphere. All camp participants will receive a free TAGS t-shirt.

- GOLD Camp: August 16<sup>th</sup> - 19<sup>th</sup>
    - Half Day: 1:00pm - 4:00pm
    - Full Day: 9:00am - 4:00pm
- \*Full Day campers pack a lunch